



WHAT'S HAPPENING?

The Calwell High School newsletter - Week 5, Term 1 2022

RESPECT

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COURAGE

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We would like to acknowledge the Ngunnawal and Ngambri people, the traditional custodians of the land on which we meet, learn, and work at Calwell High school. We acknowledge that Ngunnawal and Ngambri land has been a place of learning for centuries. We pay our respect to the ancestors who have paved the way for the education which has been received on Ngunnawal and Ngambri land for past, present and future generations. We would also like to acknowledge any Aboriginal and Torres Strait Islander students, staff, family and community members present with us.

Address: 111 CASEY CRESCENT, Calwell ACT, 2905

Phone: 02 6142 1930



Click on the icon to follow us on FaceBook!



ACT
Government
Education

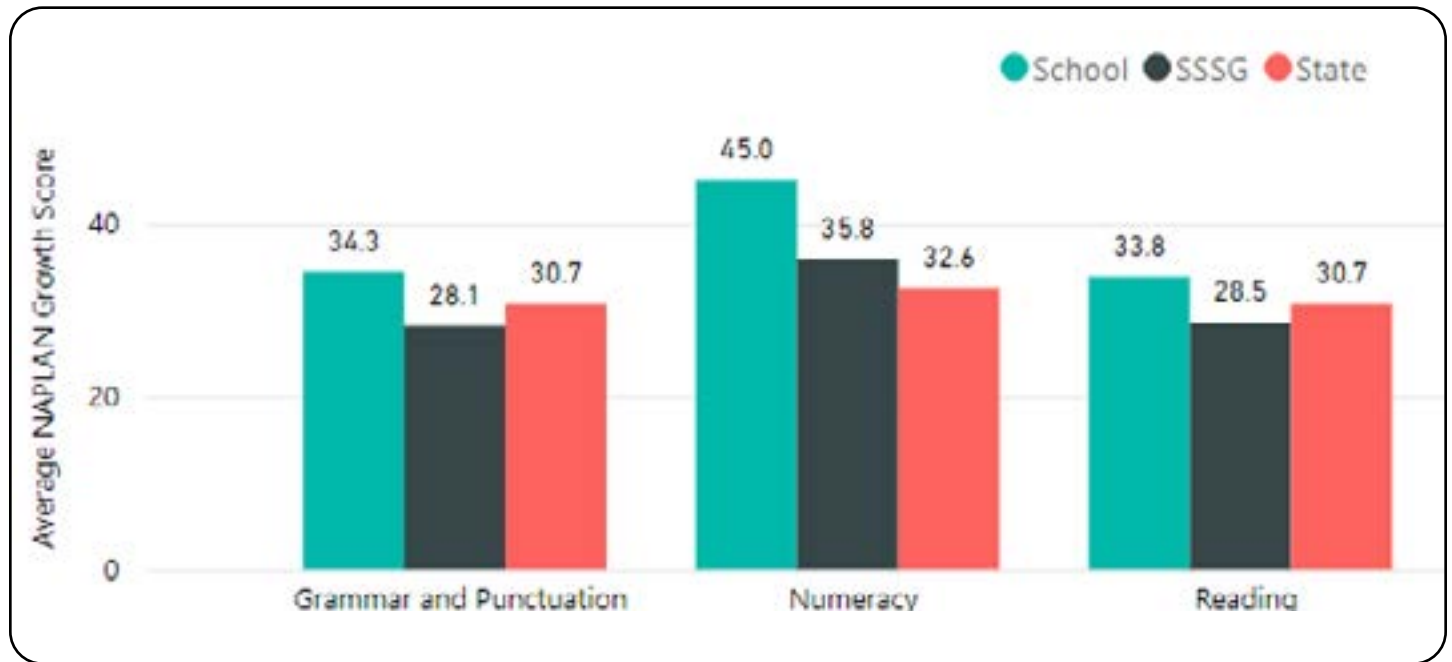
proudly an act public school



Senior Executive Report Term 1 2022

Welcome to the first newsletter for 2022. These are distributed in week 5 each term to the community. Facebook is another method of **communication** where we share stories and images from the day-to-day life at Calwell High School. Email remains our number one method of information communication to families. Please ensure your email addresses are up to date and that you check these communications

regularly. Late last year we received the **Naplan** results from 2021. They showed substantial growth from year 7 to 9 for our students at Calwell in Grammar and Punctuation, Numeracy and Reading. This is to be celebrated and I share the graphics of these results below. We are the green columns and SSSG means Schools Statistically Similar to us (black), red State column is all ACT and NSW schools.



Staff started 2022 with **professional learning** on Restorative and Trauma Informed practice. This assists in continuing to work to build students capacity and learning within the caring learning community that is Calwell High School. We are also focusing in on Instructional coaching for staff and in this there will be more classes where two staff are in supporting each other to build on our learning culture at Calwell as we look to develop more feedback and differentiation of learning for students.

Our recently renovated **Wellbeing** area is seeing a lot of action as they support a wide variety of students and needs. The staff are working diligently in the space to case manage individual students as required to ensure they are best able to engage in learning while at school.

Also, for the start of 2022 our **Learning Support Unit** has doubled in size as we welcome many new students and staff into this dynamic learning space.

New staff to Calwell High School have been welcomed, in English/HaSS Camille Dunsford, Isabel Wilson and Kylie Williams, Gemma Clutton in Support/Science, Damien Plenty and Emma Streeter in Maths/PE, Sarah Flynn in Food Tech, Michelle Bray in Arts, Bongi Tabi in Science, Stephen Henry School Psychologist and Julia Scott LSA.

Covid-19 continues to impact our community. With restrictions lifting in the ACT it is important to note that mask rules remain in schools. Face masks must continue to be worn by staff and visitors in all indoor spaces at school. High school students are also required to wear a face mask while in an indoor space

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at school. The measures we have in place, including mask-wearing, are helping to limit the impact of COVID-19 and ensure continuity of learning for our students. We also continue to distribute RAT tests to families and staff for twice weekly testing. If you test positive please notify the school and ACT Health and comply with all isolation requirements.

As always know we are here to partner with you to support all our students in their high school learning journey. Please reach out to us if and as needed. We look forward to the 2022 learning journey.

Yours sincerely



Patricia Marton
Deputy Principal (Years 7 and 9)



Natalie Dickie
Deputy Principal (Years 7 and 9)



Megan Altenburg
Principal



Michael Hilton
Wellbeing Director



Meet Our Staff



Gemma Clutton

After graduating from the University of Canberra and the University of Newcastle, I have been teaching English around Canberra for over 10 years. I am now enjoying living and working on the Southside after growing up in Belconnen. I'm thrilled to be at Calwell, and while I'm based in the LSU, I am also exploring teaching science in 2022. If I look tired it's because my very small children keep me occupied at home!



Steve Henry

I'm Steve, a clinical psychologist specialising in adolescent mental health. I am looking forward to working with staff and students to help support better mental health for the whole Calwell High community.



Bongi Tabi

My name is Bongi Tabi. For the past twenty-five years, I have lived and worked as a Science and Mathematics teacher in three continents and seven amazing cities. In addition, I have taught in both ACT and NSW schools and colleges since 2008. I am also passionate about fitness and health. I look forward to working with my colleagues at Calwell High School and building partnerships with the school community.



Emma Streeter

I have just returned to Australia after teaching Math, Science and Phys Ed in Calgary, Canada for the past 9 years. I'm excited to apply my experience and improve my teaching at Calwell High. I enjoy hiking, exploring new cities, completing puzzles and watching the hockey with my husband.

Aspire

Meeting the needs of our students through Social Emotional learning

After listening to our students and staff in 2021 and taking their feedback onboard, we have revisioned our social emotional curriculum at Calwell High to be more responsive and relevant to student needs. Our fortnightly Welbeing program (ASPIRE) forms the basis of Calwell High School's social and emotional learning program.

The content of ASPIRE is designed to complement students' academic education and meet the social and emotional needs of students as they progress through their high school education, and beyond. It explores various themes and focuses on the development of students as, a learner, a person, a community member and a contributor to society. Research confirms that social and emotional learning is increasingly being valued as a tool to promote positive outcomes for students; "On average, SEL interventions have an identifiable and valuable impact

on attitudes to learning and social relationships in school." ([Evidence for Learning](#)).

Our program aims to develop confident, happy young people who have the tools to embrace life and make informed decisions to guide their physical and mental wellbeing and engage in positive relationships with those around them. As students move through their education at Calwell High School, we aim to enable our students to develop lifelong skills of resilience and to have a sense of understanding of themselves, others and the world around them.

The ASPIRE program has been developed in line with the [Personal and Social Capabilities framework](#) from the Australian Curriculum. The content for each year level has been carefully designed to provide age-appropriate content that meets student needs while also being responsive to current issues or concerns as they arise.

The ASPIRE program incorporates the following key elements:

- Self Awareness
- Self Management
- Social Awareness
- Social Management

Social and Wellbeing Outline:

	Year 7	Year 8	Year 9	Year 10
Personal and Social capabilities Focus	Self-awareness	Self-management	Social Awareness	Social management
Term 1	High School- My next Chapter	Wellbeing	My Next Chapter	Leadership and community- What's my Legacy?
Term 2	Best Me/ Best Life	Friendship	Best School / Best Students	It's the little things- Self Care & Caring for Others
Term 3	Navigating the On-line World- Project Rockit	The teenage Brain	Me and My World	Beyond High School
Term 4	Identity and self	Relationships and Belonging	Leadership	Looking Back, Looking Forward

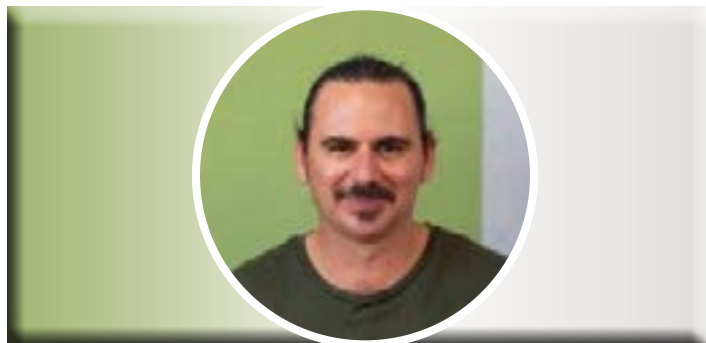
We are excited to be introducing a range of programs from external providers to compliment students learning as part of ASPIRE in 2022. We consider the

skills that these programs promote to be vital to students' holistic development and they will be run across the year.

The Wellbeing Team

The Engagement and Wellbeing team works alongside students, teachers, families and communities to promote and support students wellbeing and positive engagement with school. The Wellbeing Hub provides a range of wellbeing services that aim to build students' sense of connectedness and belonging to the school and wider community, including intervention strategies to support students' academic achievement, social relationships and positive mental health.

If you require additional information or would like to connect with the Wellbeing team please contact us on 61421930.



Michael Hilton
Wellbeing Director

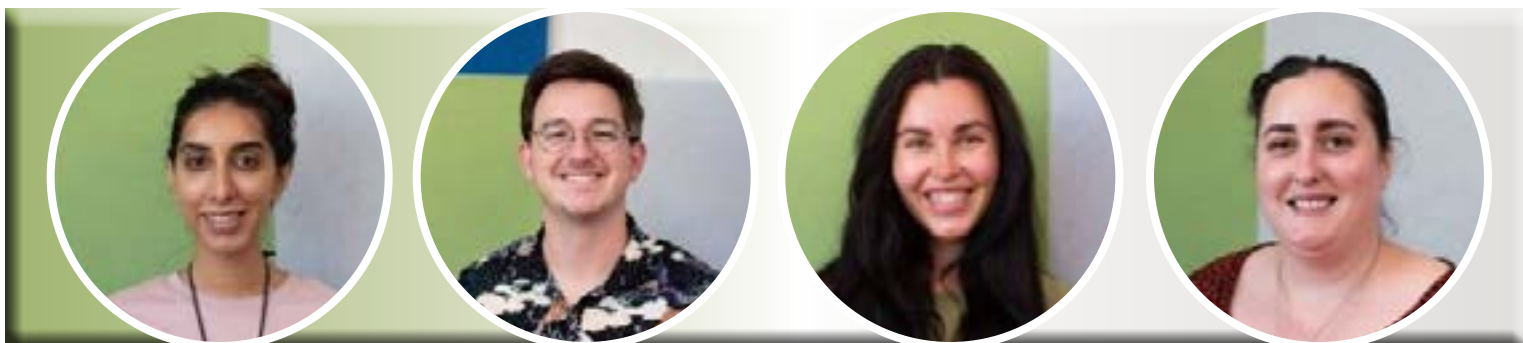


Ms Williams
Yr 8 & 10 SLC

Ms Linzi
Yr 7 & 9 SLC

Maarni Johnstone
Indigenous Education Officer

Steve Henry
School Psychologist



Ms Rao
Yr 7 Co-ordinator

Mr Sibley
Yr 8 Co-ordinator

Mrs Tamalemai
Yr 9 Co-ordinator

Ms Rapson
Yr 10 Co-ordinator



Ben Edwards
Youth Worker

Abbey Crampton
Learning Support Assistant

Annika De Hoog
Wellbeing Support Worker

Justine Hrstic
School Youth Health Nurse



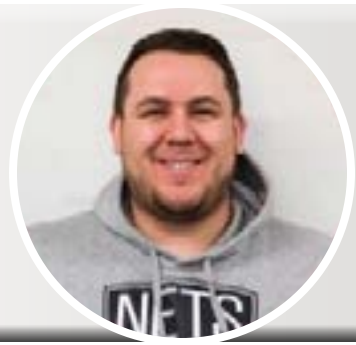
Traci Chatfield
Careers Advisor



Bronwyn Brooks
Triage & Rolls Officer



Sam Wentworth
Youth Worker



Dom McFarlane
Youth Worker

Cultural Integrity



Connection Clubs

In 2022 at Calwell High school we will be running activities outside of class time called Connection clubs. These clubs are run by teachers who choose a passion that they would like to share with young people at the school. They range from chess club to basketball (students vs staff) and arts and mediation clubs. The intention of this initiative is to build the connection within the school between students and their peers and the clubs provide an opportunity for staff to connect with students outside of the classroom. We hope that the clubs will build as we move through the year and we may even reach a place where students are running the clubs independently.

Garden Activity Connection Club

We are on a mission to make and improve gardens around the school. We welcome any support - suitable donations of plants, your expertise, or just your encouragement.

We meet every Wednesday Break 2 at B23 for Garden activities. We are currently tidying up the gardens outside the Science faculty. Come out for fresh air, get your hands dirty, or not, and chill with the plants. If there are any parents or family members who could help or give advice on pruning two very large fruit trees it would be greatly appreciated. For further information, come and chat to Mr Curtis. PS. If you have a name for this connection club let me know. 'Green Thumbs' has been suggested so far.



CONNECTION CLUBS WEEK A

Week A	Monday	Tuesday	Wednesday	Thursday	Friday
Break 1		Uno club B24			House vs house sports comp
Break 2	Darts club (meet at door of library) Chess Club (seminar room) Drawing Club	Mediation club E19	Gardening (meet in courtyard)	Glee Club (from week 5)	Run club (meet under trees on oval)
After School	Homework club 3-4:30pm	Homework club 3-4:30 Woodwork club 3-4		Science Club	

Monthly to be announced: Staff vs Student comp

CONNECTION CLUBS WEEK B

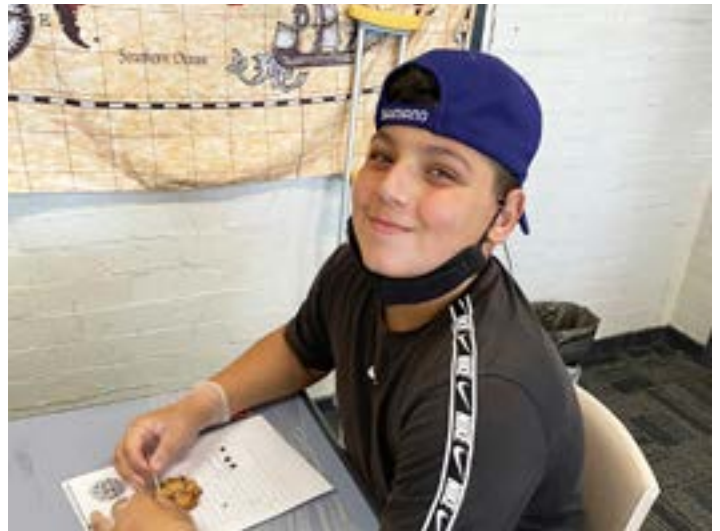
Week B	Monday	Tuesday	Wednesday	Thursday	Friday
Break 1		Uno club B24			
Break 2	Chess Club (seminar room) Drawing Club	Mediation club E19	Gardening Crocheting, scrap-booking, writing letters to people in aged care	SAGA Club Glee Club (from week 5)	Art club (paint and Chill) art room
After School	Homework club 3-4:30pm	Homework club 3-4:30 Woodwork club 3-4		Science club	

Monthly to be announced: Staff vs Student comp

In the Classrooms:

Year 7 HASS

This term our Year 7 archaeologists excavated their very first dig site. They had to remove all of the chocolate chips from their cookie without damaging them and as an extra rule - they weren't allowed to touch the cookie while they did this! The photos are of Ben's class completing their cookie excavation activity.



First Nations Studies

First Nations Studies is a new subject being delivered at Calwell High School this year. The unit aims to build student awareness of cultural integrity and cultural competence. The unit also encourages students to become familiar with significant aspects of First Nations history and culture, such as; significant events, food, art, and land management. In week 2 of this term, we reflected upon our own experiences of what cultural integrity and cultural competence looks like, and what we would like it to look like in our school community. The students came up with some amazing ideas such as; increased use of Ngunnawal language around our school (in our acknowledgement of country, signs and houses), integration of First Nations culture e.g. daily acknowledgement of country, smoking ceremonies, recognition of significant days and events, as well as increased participation and activity during NAIDOC and Reconciliation weeks. It is a pleasure to hear the views of our young people, and to see their advocacy come to life. Watch this space, changes are coming!



Japanese

In Japanese we have been learning some Kanji characters. The character the students are drawing is 愛 which means "love"

愛



Health and Physical Education News

School Sport Term 1

Due to the current Covid-19 restrictions, no inter-school sports will be running during Term 1. We are hoping to see it return in Term 2 and encourage students who are interested in representing the school in a range of sports to keep an eye out for notices regarding trials and competition information.

Calwell Playing Fields

You should have received an email from your child's HPE teacher with information regarding the use of the Calwell Playing Fields for HPE lessons, schools events and carnivals throughout the year. As per the Education Directorates instructions, all parents must be informed of the procedures implemented by all supervising staff to reduce the potential hazards associated with use of the Calwell Playing Fields. We also require your consent for your child to utilise the Calwell Playing Fields as a part of their HPE classes or Whole School Sporting Events and programs.

If you did not receive the email, or would like more information, please contact your child's HPE teacher.

Hard copy notes can also be collected from the front office or your child's teacher.

School Sport ACT Swimming Championships

Is your child a competitive swimmer who would like the opportunity to compete at the 2022 SSACT Swimming Championships? Due to the current Covid-19 restrictions on school sport and swimming carnivals, students who have a verifiable time are able to nominate to compete at this year's championships to be held in Week 2, Term 2 2022.

Qualifying Time Opportunities (verifiable times)

Students who are new to the sport of Swimming, or who have not been able to obtain a verifiable time in the most recent Swim Season, can obtain a verifiable time through the following mechanisms;

- Swimming ACT is offering an invitation for students to attend a time trial from 2pm Sunday 13 March at the AIS. Entry request would need to be supported by a statement of capability from their swim coach or swim instructor giving an approximate time for each event. Students wishing to take up this opportunity must contact Lorraine Wuth at school.liaison@swimmingact.

com.au prior to the 4 March deadline. There will be limited spaces available and not guaranteed.

- Contact an ACT Swim Club and request to join one of their Club Night's or other especially arranged opportunity to obtain a verifiable time from a Club Official in their specific event(s).

Nominations to compete need to come through the school and submitted by March 4th, however verifiable times can be provided up until March 18th.

For more information, please contact Liz Chester at Elizabeth.chester@ed.act.edu.au or Steven Deans at steven.deans@ed.act.edu.au

Mathematics News

Welcome to a new year of Mathematics at Calwell High School. We would like to take this opportunity to welcome our new students to the Calwell family and also welcome back our existing students to another year. This year has seen some staff changes and we would like to introduce Mr Damien Plenty, Ms Emma Streeter and Ms Bongi Tabi to the Maths team. By now all students have been actively engaging in their work and getting ready for the first rounds of summative assessment. As such we would encourage all students to be working diligently towards completing all tasks and activities set in class.

Education Perfect (EP)

By now, all students have been given EP logins and begun working through their course curriculums. Hopefully families have received the welcome email which contains more information about your child's course and assessment. It also contained information about EP and how you can be part of the notifications

for the work set and due. If you didn't receive this email or you would like it sent again, please contact your child's teacher or the school. As was also indicated in the email, it is so important that each child brings a charged and working Chromebook each and every day. If your child is experiencing faults or other issues with their Chromebook please contact the school or email alexander.tandy@ed.act.edu.au.

Maths Competitions

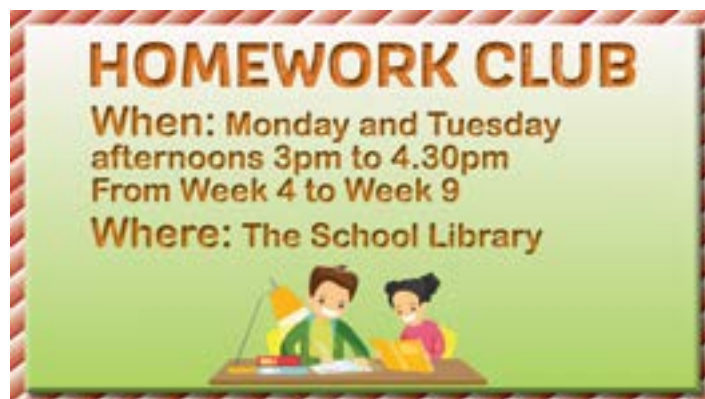
This year we will once again be participating in the AAMT Mathematics Competition. This competition is a international quiz style competition that is participated in by more than 130 countries and over 10 000+ students each year. There are cash prizes on offer as well as certificates of merit in 4 different categories. This competition is being run in early August however expressions of interest are open now. If your child is interested in participating in this competition please contact your child's Maths teacher or Mr Plenty via email damien.plenty@ed.act.edu.au

Homework Club

Come one, come all to the fantastic opportunity that is Homework Club!

At Calwell High School we aim to make sure students are supported with opportunities to catch up on classwork and assessment tasks, as well as provide a space for students to seek assistance from our fantastic Teachers.

One of these opportunities is the Homework Club, hosted in our school Library. On Monday and Tuesday afternoons, from 3:00pm to 4:30pm, students have the option to come to the library to get additional tutoring and assistance from their Teachers, who volunteer their time to provide students with additional support with their learning.



Sometimes, a student may not even need help from any staff, but would rather make the choice to work in a dedicated space for learning. Just having a space to work productively without distractions, can make a huge difference in a child's learning.

Homework Club is running from Week 4 to Week 9 for Term 1. Every Monday and Tuesday from 3:00pm to 4:30pm, unless communicated otherwise.

Abbey Crampton

Understanding Building and Construction Pilot Program

Calwell High School has been selected to participate in the Understanding Building and Construction Pilot Program (UBCPP) in 2022. Ms Claire Hennessy will be the lead teacher.

We are one of only four high schools selected to be involved in this exciting ACT Government initiative which will lead to valuable outcomes for our school community. The UBCPP will provide a structured framework to increase knowledge and skills of the construction industry and its position in the Australian economy. In collaboration with industry, the program will provide units of work aligned to the Australian Curriculum including cultural and inclusivity training, work rights and safety, site visits, and work experience placements. The program will also establish a strong foundation for students to proceed into an Australian School based Apprenticeship (ASbA) or pathway into further education.

Parent-Teacher Interviews

Wednesday 16th March (Week 7)

This year, we have made the decision to hold our traditional Parent-Teacher Evening a little earlier in the term with a view to allowing parents/carers to get to know your child's teacher a little better and begin building the partnership in learning earlier in the year. Teachers will be able to provide parents/carers with some informal feedback on how your child is progressing so far this semester. Progress Reports will be sent out in Week 8 and should reinforce the conversations from the parent-teacher discussions.

Parent-Teacher interviews will be via video link. Instructions on how to book times will be emailed out to families.

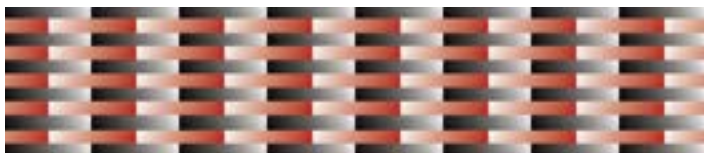
P & C Notices 2022

**Next P & C meeting:
March 16 at 5.30pm**



We love sharing our students achievements on Facebook, however, if you wish to make an enquiry we ask that you phone the front office on: 02 6142 1930 or email us at: info@calwellhs.act.edu.au, rather than using Messenger.

We would like to celebrate student success in our Newsletter. Please send information of student achievement to: info@calwellhs.act.edu.au



COVID-19 Vaccine Boosters For People 16 to 17 Years of Age

People aged 16 to 17 years of age, who have had their second dose of a COVID-19 vaccine three months ago, can now book to get their booster. A booster dose will give even more protection against falling seriously ill from COVID-19. Bookings are available at:

- ACT Government COVID-19 vaccination clinics (AIS Arena, Canberra Airport or Access and Sensory clinics) by calling the ACT COVID-19 vaccination booking line on 02 5124 7700, 7:00 am to 7:00 pm daily, or go online to [MyDHR](#)
- participating GPs or pharmacies using the [vaccine clinic finder](#).

There are lots of bookings available, so there's no reason to wait! Booster doses are recommended for people who have had COVID-19 in the past. The vaccination can be given any time after recovery from COVID and release from isolation. Talk to a GP or health care provider after you have recovered from COVID-19 for advice on the best timing for vaccination. For more information go to [COVID-19 vaccine booster doses and third doses](#).



The canteen is now open 5 days a week. This is a trial for term 1, if it is used enough this will be made permanent.

The canteen has also made some changes to the cut off times for ordering via Flexischools.

First break / Recess is now 10am and Second break / Lunch for 12:30pm.

Flexischools has the ability for you to set up an account and you can assign your students their own Flexischools logon with daily limit. The students can then order their food via their own phone. This takes the pressure off parents to order or find cash before school in the morning.

www.flexischools.com.au



Mask rules remain in schools

The mask rules for ACT schools and early childhood settings have not changed. Face masks must continue to be worn by staff and visitors in all indoor spaces at school and early childhood education and care settings.

Students in years 7 to 12 are also required to wear a face mask while in an indoor space at school.

The wearing of masks for primary school students is at the discretion of the student and their parents/carers but is not recommended for children in ECECs, or preschool to year 2.

The measures we have in place, including mask-wearing, are helping to limit the impact of COVID-19 and ensure continuity of learning for our students.

School Student Travel

Term 1 2022

School student travel information for parents and students

School Travel Passes

Students who need a School Opal card or travel pass but have not yet applied need to [apply](#) or [update](#) their details as soon as possible.

In the Opal network, students should travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

New Student Opal cards (including new Term Bus Passes) will be sent to the student's nominated postal address within two weeks of their application being approved.

Students living in rural and regional (R&R) areas will receive their travel pass from their nominated transport operator. It may be issued via their school or be sent directly to them at home. Note: some R&R operators do not issue travel passes. Students/



parents should confirm with their nominated operator if they do not receive a pass.

Terms of Use

Students using Opal cards must tap on and tap off in line with the [Opal terms of use](#). All students are required to comply with the [Student code of conduct](#). The code of conduct aims to ensure the safety and well-being of school children and other passengers. It is important that parents ensure their child is aware of this, as failure to comply with the code of conduct can result in a suspension from travel.



It's Time For the Year 10 Leavers Hoodies!

If you would like to buy one, please click on this [link](#). The hoodies are run through ONEsport, and the ordering process is simple. The cost is \$69.

The due date for last orders is 11 March.



Year 7 Parent and Carer eSafety Webinar

All parents and carers of year 7 students are invited to attend an online eSafety workshop to develop their knowledge and skills in supporting their child with digital technologies. This workshop will look at understanding the current eSafety issues young people are experiencing, how to support your child to be safe online, and resources for responding to online issues and where to go for further support.

Families are invited to attend one of the following sessions:

- Tuesday 15 March, 12:30pm-1:30pm
- Thursday 17 March, 6:00pm-7:00pm

A link to join the webinar, which will be held on Google Meet, will be emailed to families 24 hours prior to each session. Please follow the link to join the eSafety webinar.

For further information about the eSafety webinar, please contact our Year 7 Coordinator Ujala Rao at: Ujala.Rao@ed.act.edu.au

A vibrant poster for an e-Safety Workshop. It features a central smartphone with a lock screen showing '01:01' and '2 notifications'. Surrounding the phone are various social media and digital icons like Facebook, Instagram, YouTube, Twitter, and a thumbs up. The background is dark blue with a pattern of small white plus signs. The text 'e-Safety WORKSHOP' is prominently displayed in white and yellow. Below it, it says 'For parents and carers of ACT Public School Year 7 students.' The poster is divided into two main sections: 'WORKSHOP' and 'WEBINAR', each with specific details about the sessions.

e-Safety WORKSHOP

For parents and carers of ACT Public School Year 7 students.

TIME AND PLACE:

Place: Online
Date: Tuesday 15 March
Time: 12:30pm - 1:30pm

Date: Thursday 17 March
Time: 6:00pm - 7:00pm

WORKSHOP:

All parents and carers of Year 7 students are invited to attend an online eSafety workshop to develop their knowledge and skills to support their child with digital technologies.

WEBINAR:

A Google Meet will be emailed to Year 7 families 24 hours before the webinar. Registration not required.

PLEASE BRING YOUR **PHONE or LAPTOP**

ACT Education and Training Directorate Insurance Statement

The ACT Education and Training Directorate does not provide any insurance cover for injury, disease or illness to students resulting from school activities or school-organised excursions.

Claims for compensation are met where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which any injury, disease or illness was sustained.

As there is no automatic insurance cover for personal injury if your child is injured at school or during a school organised activity/excursion you should therefore consider whether taking out personal insurance cover for your child is warranted.

This insurance might cover contingencies including medical/hospital expenses, ambulance transport outside the ACT, and cancellation of transport/accommodation or loss of/damage to luggage.

The ACT Ambulance Service provides free ambulance transport for students who are injured or suddenly become ill at school or during an approved school organised activity within the ACT.

Calwell High School collects information about injuries and incidents which occur at school or on school-organised activities, on behalf of the ACT

Education and Training Directorate. Some of the information may be personal information as defined in the Privacy Act 1988 and the Health Records (Privacy and Access) Act 1997. The information is usually included in a Student Accident/Incident Report or Notification of a Critical Incident together with any accompanying witness statements.

The purposes for which the information is collected include notifying the Territory's insurers and legal advisers of injuries and incidents and ensuring that the school itself has accurate and complete records.

The Directorate usually provides the form and any other information relevant to the accident/incident to the ACT Insurance Authority and the ACT Government Solicitor.

Information may also be provided to WorkSafe ACT in accordance with the ACT Work Health and Safety Act 2011.

Schools have a duty of care to keep students safe. Where an injury or incident occurs schools have an obligation to determine what has happened and therefore may question students.

Schools may also ask students to make statements in writing and to sign these statements.



parentline

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6287 3833



Is your child feeling unwell with COVID-19 symptoms?

Keep them home.

Get them tested.

Keep CDR safe & strong

ACT GOVERNMENT

covid19.act.gov.au