

What's happening?

The Calwell High School newsletter - Week 6, Term 1 2020

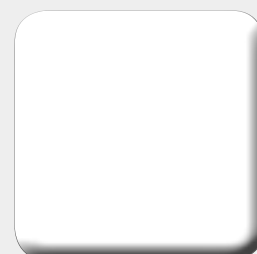
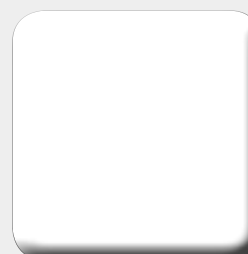
Contents

Principal's Report	2
Deputy Principal's Report	3
School insurance cover and injury	4
Canteen	4
Calwell High School's 30th Anniversary	6
Published Authors in Our Midst	6
Music Instrumental Lessons at Calwell HS	7
Cast	7
Aquatics Carnival 2020	8
The Archies	9
Parent/Carers Workshop	10
Children's Asthma Education Service	10



Address: 111 CASEY CRESCENT, Calwell ACT, 2905
Phone: 02 6205 6833

Click on
the icon to
follow us on
FaceBook
and
Instagram



RESPECT | SELF-DISCIPLINE | ACHIEVEMENT | COURAGE

*I acknowledge the traditional custodians of the lands and waters where we live and work,
and pay my respects to elders past, present and future.*

Principal's Report

Dear Calwell families,

2020 start, state, nationwide and globally, is now being described as a summer of disasters due to fires, smoke, hail and storms as well as Covid-19 impact. Many in our community have been affected. We acknowledge that this impact is ongoing for many and will be working to assist and support where and as possible.

2

Year 7 are now settled into the new high school routine and learning journey. We are working to support all to access and engage in learning. Please assist with ongoing open lines of communication between home and school so we can together build strong relationships and support for your child. The year 7 Year coordinator Nicole Kay has been working especially hard to establish these connections.

Our Year 10 2020 cohort have really started to establish themselves as our new school leaders. I have seen leadership and courage in their interactions around the school and spoken to many students and parents with regards to these displays of outstanding citizenship. The Quest group are working tirelessly with Mr Ventura to continue to develop their leadership and citizenship skills and practices.

Staffing wise we have started the year strongly with a commitment by all to work to build observations, coaching and mentoring into our practice. In this way we will be looking to continuously adjust and accommodate our teaching and learning to provide excellence for the students of Calwell. Wellbeing is also a strong focus for the year with much of our staff professional learning focussing on PB@C, Positive Behaviour at Calwell, lead by our new Deputy Principal, Shaun Haidon.

A final note also needs to be made reminding all in our community that we are taking a very firm, fair and consistent approach to incidents where safety of staff and students are compromised. These include bullying, harassment, verbal abuse, physical aggression and physical violence. All such matters are referred directly to myself or Shaun

Haidon as DP and worked through following firm directorate lines in consultation with students, staff and parents.

Please feel free to contact me, as I welcome feedback and ideas in working together to care for our students achieving excellence in learning at Calwell High School during 2020.



Megan Altenburg
Principal



Deputy Principal's Report

Dear Calwell High School families

I am absolutely thrilled to be at Calwell High School as the Deputy Principal. Calwell High School is a place of great significance to me and helped shape me into the person I am today.

From 1997 to 2000 I was a student at Calwell High School. Coming from Calwell Primary School, I can empathise with the worries of some of our 7s about getting lost or forgetting which class they would have. As a student I enjoyed learning from a range of talented teachers who planned a range of interesting and engaging lessons, I built lifelong friendships, joined Calwell's sporting teams, I took part in carnivals, completed Road Ready training, participated in work experience, and gave back to the school community as a Quest leader.

After leaving Calwell, fortune would take me back some time after, this time as a teacher from 2007 to 2010. I taught Humanities and Social Sciences, Quest, and was a Year Adviser for the class of 2011.

With that history of being part of the Calwell community for some years, you can understand my excitement that I now get to come back to Calwell High School for a third time, and again be part of a community I love and have the opportunity to contribute to growing a great school for its students. Also, I get to come back in the year the school is celebrating its 30th year of being open!

As a member of the senior leadership team at Calwell High School, I see it is my core responsibility to ensure there is a safe, orderly and inclusive environment for learning, that effective teaching is occurring in every classroom, and that each student has the opportunity to benefit from a rich curriculum that is responsive to their needs and pathways and one that will challenge them.

Throughout the year, you will hear more from Megan, myself, and the broader leadership team, of what all staff at Calwell High School are doing to maximise your child's learning and well-being at school. I look forward to meeting many more families and working as partners in your child's learning.

Shaun Haidon
Deputy Principal



Express your soul
through music

**CALWELL HS
CONCERT
BAND**

**THURSDAY
AFTERNOONS
3-4PM**

See Ms Whitrow for more details

School insurance cover and injury

The ACT Education and Training Directorate does not provide any insurance cover for injury, disease or illness to students resulting from school activities or school-organised excursions.

Claims for compensation are met where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which any injury, disease or illness was sustained.

As there is no automatic insurance cover for personal injury if your child is injured at school or during a school organised activity/excursion

you should therefore consider whether taking out personal insurance cover for your child is warranted. This insurance might cover contingencies including medical/hospital expenses, ambulance transport outside the ACT, and cancellation of transport/accommodation or loss of/damage to luggage.

The ACT Ambulance Service provides free ambulance transport for students who are injured or suddenly become ill at school or during an approved school organised activity within the ACT.

Canteen

Welcome to another school year at the canteen.

Your canteen is run by Healthy Kids Association, who are a not for profit organisation and our mission is to promote and influence healthy food choices for children.

The canteen operates every Wednesday, Thursday and Friday.

Lunches can be ordered online at Flexischools.com.au. or you can download the new Flexischools App. Orders must be placed before 8.30am on the day of the order. REMINDER: Please ensure you update your child's new classroom for 2020.

You can also place lunch orders directly at the canteen between 8.30 - 9.00 & 11.00 - 11.30

We look forward to seeing you all again this year and meeting all the new students.

Canteen team - Kerry & Lucy



P&C Note

March 2020

Uniform Shop at Parent Teacher Interviews - Tuesday 31st March

5

The P&C will be holding a uniform pop-up shop at the Parent Teacher Interviews on Tuesday 31st March. This is a great opportunity to purchase hoodies and jackets for students in time for the colder weather. Hoodies are \$35 and Soft-Shell Jackets are \$60 and we have a range of sizes in stock. These items can also be purchased via FlexiSchools.

Southern Cross Club Community Reward Program

Are you a member of the Southern Cross Club? Now your meals and drink purchases can help Calwell High School!

Simply follow the link below, fill in the details and the club will give 7.5% of the money you spend on food and beverages to our school.

<https://cscmarketing.wufoo.com/forms/z1pnax0w1suhtml/>

Alternatively, the next time you visit the Southern Cross Club, visit reception and ask them to link your card to Calwell High School P&C. It's that easy!

Rebel Sport Rewards Program

Next time you're in a Rebel Sport store, join the Rebel Rewards program and link your card to Calwell High. Our school will receive a credit for 5% of every purchase you make.

Next P&C Meeting – Thursday 26th March 6-7pm

Want to hear what's happening at the school without any expectation that you'll have to volunteer or contribute to fundraising? So do we and that's why we love the Calwell High P&C meetings!

As our students do most of the fundraising at Calwell High, our meetings are short and focused on communicating with the Principal rather than fundraising. We meet twice a term, in Weeks 3 and 8. You'll have the opportunity to hear directly from the Principal about what's happening at the school, ask her questions, and pass on your valuable feedback and suggestions about anything concerning the school.

So come along and join us on Thursday 26th March at 6pm. The door will be open at the front of the school and we'd love to see you there!

Maths News

Thanks to UNSW Canberra, two of our outstanding mathematics students were awarded prizes at a ceremony on the evening of Wednesday 4 March. Ishaf Ahamed Naizer (Year 9) and Alysia Hwang (Year 10) were recognised with a \$250 cash prize, and a \$5000 future fee waiver, for their outstanding achievements in Maths last year. Other prize winners will be recognised at our next assembly. Congratulations to all!



Calwell High School's 30th Anniversary

Wishing you all the best this year for the 30th anniversary of the opening of Calwell High School.

I was a year 7 student at the school in the opening year 1990. There were only year 7 and 8 students that first year, making for a small but tight-knit group. It was a wonderful school as I'm sure it is now. I had a fantastic time during my time

at Calwell High School creating many wonderful memories. I wish the same upon the current students who are about to embark on their journey.

Below is a photo of the class that was the first to go from year 7 (1990) through to year 10 (1993).

Best wishes.

Troy



Published Authors in Our Midst

If you look under Amazon.com you will find a book on Cathartic Writing that was written by our own Calwell students, who can now call themselves published authors.

The year 9 English classes who had Dr. Pardo as a teacher in 2019 have had their papers and artwork submitted for publication in a book, which was then edited by Dr. Pardo, who has previously published many books. Linking the students' work to her editing skills will enhance the probability of their work getting a larger audience in the world of publishing.

The National Curriculum was covering the horror genre of novels and movie scripts, so students worked through their Enneagram profile to create characters in their own horror stories based upon the strengths and weaknesses in the profile,

known as "shadow work" by creating villains and heroes by magnifying the characteristics from the Enneagram archetypal profiles.

Please congratulate the students for a job well done, and a launch to their publishing career as writers.



Music Instrumental Lessons at Calwell HS

Does your child learn a musical instrument and need some lessons? Do they want to start learning an instrument? We have a number of instrumental teachers who visit Calwell HS on a weekly basis to provide lessons to our students. Lessons can be to work on music for upcoming performances with the school ensembles as well as working on other solo repertoire, tone and technique.

Current teachers include:

Nancy Ma - Flute - 0401603317 or nma97804@gmail.com

Nicholas Combe - Saxophone - 0499654633 or nicholascombe@gmail.com

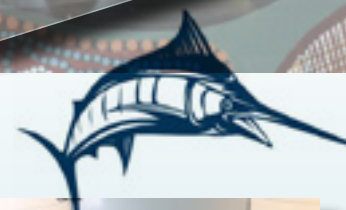
Patrick Haesler - Trumpet - pachaesler@gmail.com

Please contact the above teachers, or Alex Whitrow (Alexandra.Whitrow@ed.act.edu.au or 6142 1943) for more information.



The Calwell Arts Faculty would like to say a big welcome to the new members of CAST, the Calwell Arts Support Team. This team is made up of students keen to support the arts at Calwell, from helping out backstage during our performances to our student photographers to helping hang the amazing artworks our students create around the school. CAST is open to any year 9 or 10 student who is keen to help out. If you are interested, but are worried you missed out please see Ms Waddell to discuss.

Aquatics Carnival 2020



8



On Friday 28 February nearly 200 students attend the fantastic Aquatics Day run by the talented Health and Physical Education staff with assistance from all other staff. The day was a great success with most students enjoying the water and the perfect sunshine on the day. The day began with a mandatory swim test quickly followed by the 4 x 50m freestyle relay. It was great to see students representing their Houses in good spirit. The Senior students vs Teachers relay was a real highlight with the a new look teacher relay going back to back Champions... Yeeeww!! (Maybe next year students).

After the relays were the more traditional races where students had the chance to compete in the various stroke events for a chance to progress to the ACT Regional Carnival being held in week 10 at the AIS. At the conclusion of these events the

fun ramped up quite a few notches. As always the students were allowed free time to conquer their fears on the 5m dive platform, 3m spring board or try some cool tricks on the 1m spring boards. There was also much frivolity in the 50m pool as well as various games of soccer, cricket and volleyball for some fun in the sun. Most students were treated to a wonderful sausage sizzle provided as a fundraiser by the Year 9 and 10 coordinators with lots of help from students too. All in all it was another awesome day where students had the chance to relax and enjoy the benefits of being at the best school in the Valley. Lets hope we can make next year's even better.

Upcoming School Sports

Once again Term 1 is a very busy time for school sport. If your child is interested in joining up to any of the following teams please make sure they talk to Ms Liz Chester (Sports Coordinator) to express their interest. Instructions on how to enter will be placed in the Daily Notices during tutor and on the HPE Noticeboard outside the HPE staffroom. The following list of sports are on offer for Term 1:

- Boys Rugby League 7s – 17th March
- Girls Basketball – 19th March
- Boys Basketball – 26th March
- Boys and Girls Touch Football – 1st April
- ACT Regional Swimming Carnival – 8th April



THE ARCHIES

**WEDNESDAY
8TH APRIL @ 6PM**

1ST, 2ND AND 3RD PLACE PRIZES
AWARDED AS WELL AS PEOPLES
CHOICE

CPAC Foyer
Refreshments
provided

One Day Only VIP Event | Shop Online & In-store



MENS | BIG MENS | WORKWEAR | NEW ARRIVALS | SALE

VIP EVENT FOR
ZERO & REWARDS CARD HOLDERS
ONE DAY ONLY - 12TH MARCH



20% OFF

ORIGINAL PRICES

SCHOOLWEAR

INCLUDES BLAZERS!!

STAY TUNED - ONE DAY ONLY - 12TH MARCH




DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE &
START ENJOYING THE BENEFITS. *T&C'S APPLY.

*Offer available in-store & online, ends midnight (AEDT) 12/03/20. Must use Zero or Rewards card to receive discount. Excludes Gift Cards & schoolwear laybys. Cannot be used in conjunction with any other offer, no ranschecks.



Parent/Carers Workshop

Literacy Accessibility Tool

Boost reading and writing confidence

Read & Write for Google Chrome (RW4G)

Read & Write for Google Chrome (RW4G) offers support for Google Docs and the web and is especially beneficial for students with diverse literacy needs. It offers a range of powerful support tools to assist students to gain confidence with reading, writing, studying and research e.g. text to speech, speech to text, word prediction.

RW4G is available free for all students and teachers in ACT Public Schools. Students can access the tool anywhere at school, home etc. The licence has been extended for the next 3 years.

Workshop details and registration

Two workshop sessions will be offered, if you are interested in attending please register for one of the workshop dates by emailing to michelle.vanpuyvelde@act.gov.au and/or 6207 4225.

**Term 2 2020, wk.2 Thursday 7th May
4.00-5.30pm**

Venue: Centre for Teaching & Learning
Hedley Beare

51 Fremantle Drive Stirling ACT

Room: Mezzanine

**Term 3 2020, wk.6 Tuesday 25th
August 4.00-5.30pm**

Venue: Mount Stromlo High School 220
Badimara St, Waramanga ACT

Room: Library

If you want to learn more about Read & Write for Google Chrome below are links to a variety of videos.

- https://www.youtube.com/playlist?list=PLvSZb-mGbKpCTkk3S93CXtQWNf50f_Ow3D&disable_polymer=true
- <https://www.texthelp.com/en-au/products/read-write/read-write-for-google/>
- <https://www.texthelp.com/en-au/sectors/education/schools/>



Canberra Health
Services

Children's Asthma Education Service

Helping children with asthma breathe easier

The Children's Asthma Education Service provides children, young people and their families with support to manage their asthma.

health.act.gov.au/asthma
Ph: Central Health Intake 5124 9977



parentline

Offering a free and confidential counselling service

Assisting and supporting parents with ideas about raising children

Ph. 6287 3833

Interpreters available



PARENTLINE ACT

NEED TO CHAT ABOUT SUPPORTING YOUR CHILDREN ABOUT THE RECENT HEALTH & CLIMATE EVENTS?



ThinkUKnow

Cyber Safety Presentation

The ACT Education Directorate is hosting a **ThinkUKnow** presentation for parents, carers and teachers.

Date: Tuesday 17 March 2020

Time: 7:00pm – 8:00pm

Location: Erindale College,

115 McBryde Crescent Wanniassa ACT 2903



ThinkUKnow is a free, evidence-based cyber safety program. The presentation aims to provide you with the tools to create a safer online environment for young people in your care.

The presentation covers topics such as social media reputation management, cyberbullying, 'sexting', online grooming, online gaming, inappropriate content, privacy management, identity theft, how to protect your devices, and how to report matters when things go wrong.

The program bridges the knowledge gap between adults and young people so that everyone has an understanding of the roles they play and what they can do if something goes wrong online.

What young people **SEE** online

We talk about challenges such as online grooming, 'sexting', cyberbullying and inappropriate content.

What you can do to support young people through online challenges.

We also explain how to report if something goes wrong.

What young people **SAY** online

What you can do to help support young people understand what they say online can be permanent. We call this our 'digital shadow'.

This includes talking about being respectful online, thinking before you post, knowing what information is okay to share online.

What young people **DO** online

How they use technology to have fun online, such as applications (or apps), websites and social networks.

How they can handle their digital shadow, including their privacy and relationships online.

To REGISTER for the event please [click here](#).